

OYSTERS

NATURAL OYSTER (GF.DF) \$MP EACH shallot and red wine vinegar, lemon minimum 3 CRISPY OYSTER (DF)

S6 EACH

pacific rock oysters, crumbed, aioli, lemon minimum 3

ENTREE

ARTISAN BREAD (V) daily bread, whipped butter, soft herbs ROAST HONEYNUT SQUASH (V.GF) 17 candied walnuts, feta, fine leaves

MINESTRONE SOUP (V) 17

CRISPY CALAMARI (DF) 19 freshly cooked squid, pickled vegetables, hot sauce

parmesan, butter, toast

CHICKEN LIVER PARFAIT 19

SMOKED KAHAWAI RILLETTE 20 house pickles, lemon, crostini

port wine jelly, fine leaves, brioche toast

GRILLED PRAWNS (GF.DF) tiger prawns, chilli butter, Romesco sauce

24 SCALLOPS (GF) pan roasted scallops, cauliflower, fine leaves

MAIN

CLAM LINGUINE garlic, lemon, herb, white wine & butter sauce

41 CHICKEN SUPREME (GF) potato puree, mushroom, bacon. chicken gravy

MOUSSAKA (GF.DF.V) eggplant, lentil & spinach ragout, almond cream

PORCHETTA (GF,DF) pumpkin, steamed greens, salsa verde, red wine sauce

DUCK PAPPARDELLE pulled confit leg, tomato vodka sauce, parmesan MARKET FISH daily caught fish, seasonal vegetables and sauce

GRILL

BEEF EYE FILLET (GF) 200g pasture fed, Canterbury

49

All steaks chargrilled and served with

BEEF SCOTCH FILLET (GF)

45

scalloped potatoes, seasonal greens, and your choice of either: red wine gravy, peppercorn sauce,

mushroom sauce or chilli butter

LAMB RUMP (GF) 200g pasture fed, Southland

250g pasture fed, Canterbury

SIDES

AGRIA CHIPS (GE.DF)

10

STEAMED VEGETABLES (GF)

11

DUCK FAT POTATOES (GF, DF) 10

COS SALAD

croutons, caesar dressing, parmesan



DESSERT

lemon POSSET (GF) lemon curd, citrus crisp, orange supremes, meringue	17	BASQUE CHEESECAKE seasonal poached fruit, vanilla tuile	17
CREME CARAMEL orange and almond biscotti,	17	POACHED PEAR (GF,DF) saffron poached pear, vegan chocolate	18
chantilly cream		mousse, chocolate crumble	

CHEESEBOARD

CHESSE SELECTION

Chutney, crackers, grapes

WHITESTONE BRIE	ONE CHEESE	15
KAPITI SMOKED CHEDDAR	TWO CHEESE	22
KAPITI KIKORANGI BLUE	THREE CHEESE	30

AFTER DINNER DRINKS

PALLINI LIMONCELLO served chilled neat - 45ml	7	AMARO MONTENEGRO served on the rocks - 30ml	10
FLAT WHITE LIQUEUR served on the rocks - 30ml	8	IRISH COFFEE espresso, cream liqueur, whipped creation choice of liqueur:	15 am
TAYLORS TAWNY PORT served straight - 60ml	12	Irish whiskey / Irish cream Liqueur	
TAYLORS RUBY PORT served straight - 60ml	12	ESPRESSO MARTINI espresso shot, coffee liqueur, vodka	20
DE BORTOLI SEMILLON served straight - 45ml	13	AFFOGATO espresso shot, ice cream scoop, choice of liqueur: coffee / flat white / hazelnut	20



The name Jais Aben originates from the language spoken by the local people near Madang, Papua New Guinea. It's meaning translates as safe harbour or resting place. In Te Reo the name Tauranga translated also means safe harbour or resting place.

At Jais Aben bar & bistro we offer a place of rest and relaxation with refreshing beverages and high quality locally sourced produce cooked with aroha and European style in our picturesque harbour setting.

At Jais Aben, we are committed to using only the finest ingredients. That's why we utilize certified organic produce from BND Farms in Waihi. Our dedication to sustainability extends to our seafood, sourced from Solander Seafood in Nelson and Moana Fisheries. Additionally, we prioritize ethical practices by incorporating free-range New Zealand chicken and pork into our dishes, while our beef and lamb come from grassfed farms across the country.